

# SAVE OUR SERVICES



## MY NAME IS TANIKA

I am 35 years old. I have Cerebral Palsy, Seizure Disorder and an Intellectual Disability. I am completely dependent on my staff to assist me with all activities of daily living. I enjoy Theatre, Church, bowling, cheerleading, swimming and any activities related to Disney. I love spending time with my family and friends.

## SELF DIRECTION IS IMPORTANT TO ME BECAUSE...

- I am proud that I can make my own decisions
- I have a lot of interests, and I need someone with me to be able to participate in them
- I like to decide what I am going to do with my time instead of having to do what someone else tells me.
- My staff supports me and keeps me safe. Without them I would not be able to participate in the community activities I enjoy.



## IF THE BUDGET CUTS OCCUR, WE STAND TO LOSE:

- Staff will be cut and hourly rates reduced
- I will not be able to participate in many of the programs, due to lack of staff and funds for the activities
- My health and safety will be compromised if I do not have quality staff to provide support
- I will not have the funds to purchase activities that promote my health and safety, such as the gym and swimming.

**SDAN**

Self-Directed Advocacy Network of Maryland, Inc.